

Bullying Prevention Advocacy Campaign
3rd – 5th Grades
Bullying Example Scenarios

Read each scenario to your class while displaying the “5 Steps to Being a Bully Buster: Crossing the Midline” poster. Instruct your class to show you with their bodies and the corresponding movement which step they would apply to the scenario.

1. There is a student in your class who has been bothering you most of the year. They try to trip you every time you go to get a drink in the classroom. What could you do?
2. You notice that some kids on the bus are making fun of your friend. They have been commenting on his family, his clothes and even his favorite football team for weeks. What could you help your friend do?
3. In the bathroom, you overhear some classmates picking on your friend. Your friend is getting upset and the classmates continue teasing them. What could you help your friend do?
4. You walk home from school with a group of friends and take a shortcut through the park. Everyday at the park, there is a group of older kids who tease and call you and your friends names as you walk by. What could you do?
5. Everyday during recess, you try to join a group playing basketball. You notice they are not letting you play and leaving you out on purpose. What could you do?

Crossing the Midline Movements & Bully Buster Steps (shown on poster)

1. **‘Say Stop’** = Criss-Cross Jumps
2. **‘Walk Away’** = Windmills
3. **‘Ignore’** = Bananas
4. **‘Avoid’** = Knee to Elbow
5. **‘Get Help’** = Slapping Leather

