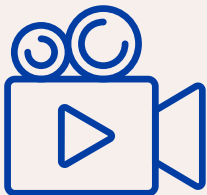


# BULLYING PREVENTION ADVOCACY CAMPAIGN

1



## WATCH THE VIDEO

Watch the introduction video linked on the THD School Health website (Programming page)

2

## KINDNESS JAR

**Step 1:** Designate an item to be the classroom kindness jar.

**Step 2:** Decide the duration for the Kindness Jar activity (one day, one week, one month, etc.)

**Step 3:** Students will draw names of who they will be observing.

**Step 4:** Students will try to “catch” their peer saying or doing something kind.

**Step 5:** Students will write or draw the kind action, add the person’s name to the back, and place it into the kindness jar.

**Step 6:** At the end of the kindness jar activity, read each one aloud and give it to the person identified.

3

## BULLY BUSTERS: “WHAT WOULD YOU DO?”

**Step 1:** Read each scenario to the class.

**Step 2:** Display the 5 Steps to Being a Bully Buster poster to the class.

**Step 3:** Students will show which step they would apply to the scenario using the corresponding movement from the poster.

**Step 4:** Repeat steps for each scenario given.

4

## FILL OUT THE SURVEY TO GET YOUR CLASS PRIZE!

Complete the survey sent to you from THD School Health to receive a class prize