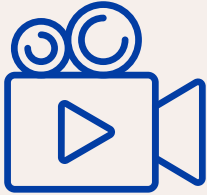


# ADVOCATES FOR KINDNESS CAMPAIGN



1



## WATCH THE VIDEO

Watch the introduction video linked on the THD School Health website (Programming page)

2

## KINDNESS CHAIN

**Step 1:** Print paper strip template.

**Step 2:** Give each student 1 - 2 paper strips.

**Step 3:** Discuss kindness as a class.

**Step 4:** Have students write or draw kind things they've done or seen.

**Step 5:** Use tape or glue to link the strips into a paper chain.

**Step 6:** Discuss with students how kindness creates a chain reaction.

**Step 7:** Once all strips have been added to the chain, hang the chain in your classroom where additional links can be added for future kind actions.

3

## CREATE A KINDNESS BOOK

**Step 1:** Print book template and staple pages together down the middle.

**Step 2:** Read each page of the book to the class.

**Step 3:** Students will draw or write on each page.

**Step 4:** Students will take the kindness book home to share with their family.

4

## FILL OUT THE SURVEY TO GET YOUR CLASS PRIZE!

Complete the survey sent to you from THD School Health to receive a class prize